



GULF SAILOR

CRUISING UNDER SAIL



Lorraine snapped this photo heading home after Sailpast – where have all the mountains gone?

Summer seems to have finally arrived...

Just as we are starting our cruising season take a moment to consider that Safe Boating Awareness Week is May 19th-25th across the country. The point is to emphasize what can help to keep us safe on the water.

Five Key Steps to Safer Boating

- **Wear your lifejacket**
Legally you must carry one on board, sized appropriately for each passenger. Don't just carry it, WEAR IT. Visually inspect jackets, check for rips, tears, holes, broken buckles, inflators for corrosion and serviceability and cartridge expiry dates.
- **Boat sober**
Boating under the influence of alcohol, recreational drugs or prescription narcotics, is illegal, irresponsible and potentially deadly. Wait until you're on the dock.
- **Be Prepared**
Ensure your boat has all the required safety gear and sufficient fuel. Be sure the weather is suitable for your vessel's capabilities.
- **Take a boating course**
The law now requires that anyone driving a motorized boat must have a pleasure-craft operator card. It's for your own safety and that of your passengers. Take a course and get your license!
- **Be wary of the dangers of cold water immersion**
Cold water is a significant risk. Learn how to increase your odds of survival: try to get your body out of the water; slow down body heat loss through getting into the HELP Position; remain calm and still; do not try to swim.



Andreas explains why the club has had to revisit our constitution and bylaws. See the changes in the attached document. Get to know a little about **Sumi Ross** in our ongoing series by Lorraine. **Cathie** reports on Sailpast with pics by Lorraine and **Commodore John**. Check out the schedule of events for our Victoria Day rendezvous at Thetis. Learn about development plans for Newcastle and how Marine Parks Forever are working for us in the Harmony Islands. More book suggestions, too! See you at pub night.

Suzanne Walker, Editor S/V White Wolf

MAY 14

PUB
Night

Seymour's
Pub

**Venue has
been changed!**

The May Pub Night has been moved to **Seymour's Pub** in North Vancouver, a true community pub having sponsored hundreds of local teams as well as raising over \$100,000 for Canuck Place and \$30,000 in the Ride To Conquer Cancer. Oh, and they have great food and drink, too.

Continued p.2 Staff Captain's Report

GULF SAILOR

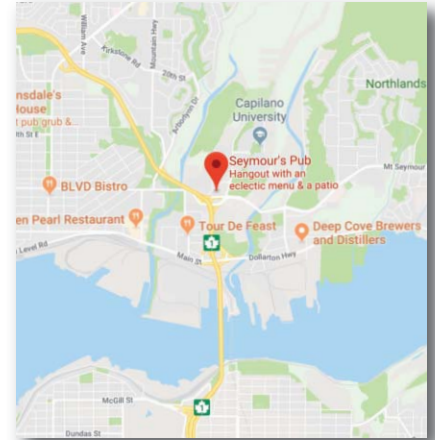
Staff Captain's Report

Monday, May 14th is Pub Night and it will be held at **Seymour's Pub, 210 - 720 Old Lillooet Road, North Vancouver.**



Get there by 6:00 to get your order in before the rush. Space for 40 people has been set aside so hope to see you there!

The Pub boasts a drink selection second to none and has an extremely wide variety of menu items, from Chicken Masala, to Pad Thai, Chow Mein, Burritos and Perogies – apart from all 'the usual suspects'.
Something for everyone.



Commodore's Report

With temperatures on the rise and winter quietly receding to a memory the cruising season is here. I attended the Easter Cruise to Ladysmith along with 9 other boats and a few members that live nearby. Not in any hurry to return to Vancouver I sailed to Wallace Island and enjoyed a night at Conover Cove. I had the place pretty much to myself. A very nice few days and a good way to start cruising for 2018.

Sailpast was another very good GYC event and it is a totally different experience from the perspective of Commodore. Much hard work has gone into organizing these events and I would like to thank all those who contributed.

A warm welcome to our new member **Robert Sinkus** (and his first mate Buck), a keen sailor who so far this year has attended all the cruises.

We are having a special general meeting in June to amend our constitution and bi-laws so we conform with the new regulations in the Societies Act. This is a requirement that we must act on. **Chuck Spong, Andreas Truckenbrodt** and **Ken Buckley** have been working on this and there is full information elsewhere in the Gulf Sailor. I encourage all to attend this important meeting.

It is some 250 years since Captain Cook set sail from Plymouth on the first of his three voyages of discovery. Although he never made it to the Salish Sea (he sailed right by the Strait of Juan de Fuca) he certainly was familiar with the west coast and in particular Nootka in Barclay Sound. Fifty years ago this month Robin Knox-Johnston (now Sir) set sail from Falmouth and became the first person to circumnavigate single-handed non-stop. He did this in a 32 ft wooden boat he built himself and he navigated without any modern electronic aids. These two anniversaries are being celebrated in England with various events and we should remember these sailors for their accomplishments. The legacies of both Cook and Knox-Johnston live on and I like to think in some way they have contributed to our sailing experiences.

Happy cruising and I hope to see everyone at the Mexican Fiesta at Telegraph Harbour on Thetis Island.



John Dixon, Commodore,
S/V *Tantramar*

Executive Officers 2018

Commodore: John Dixon
Tantramar

Vice Com: Darlyne Farrell
Saw Lee Ah

Fleet Captain: Klaus Reiniger
Moondance

Staff Captain: George Bamford
Hypatia

Exec. Officer: Pat Costa
Sparkle Plenty

Hon. Secretary: Chris Stangroom
Christie Cove

Hon. Treasurer: Chuck Spong
Windstrel

Hon. Signals Officer: Martin Pengelly
Kailani

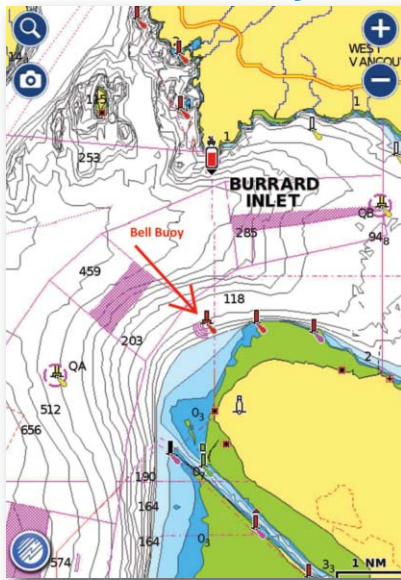
Past Com: Andreas Truckenbrodt
Beautiful Day

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Hon. Editor: Suzanne Walker
White Wolf
dandg@portal.ca

GULF SAILOR

Fleet Captain's Report

**Friday: Flotilla Across the Gulf**

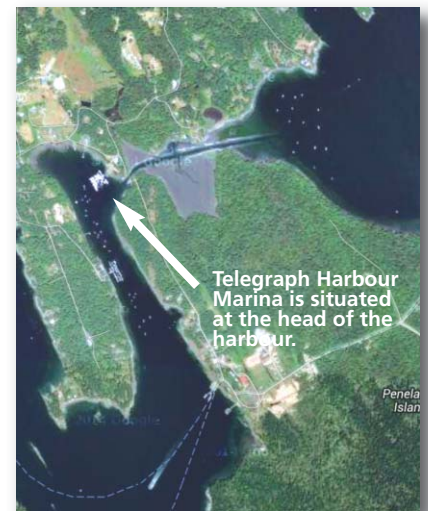
For those so inclined we will gather at 0900 at the Bell buoy Q62: 49°17.315" N, 123°16.02 W (DMM) and head to Porlier Pass en masse to arrive at slack tide at 1315.

It is planned that most people will anchor in Clam Bay Friday evening with appies and libations on *Beautiful Day*.

Communicate on channel 69.

Saturday: Head to Telegraph Harbour Marina

Proceed to Telegraph Harbour Marina Saturday morning sailing as a flotilla, the wind gods permitting.

**Saturday: Wine Tasting, Appies and Dancing**

1600: Each boat is to bring one bottle for the **wine tasting**. If this is your first time at this event, they will be collected earlier in the day for preparing as there is a friendly contest to participate in – all in good fun. **Appies** are rolled out towards the end of the wine tasting and people consume what is left over and/or bring their own drinks. For dinner you are on your own.

1900-2200: Live Music for Dancing on the lawn and shuffleboard court in front of the office. The marina has once again hired **Andy** and his band to play..

What to bring: Saturday

- **Appetizer** to share.
- **A bottle of wine** for the wine tasting. This event is optional, so if you do not wish to participate in the tasting, just bring your own drinks to the Happy Hour portion of the event.

What to bring: Sunday:

- **Coffee:** we provide the treats.
- **Your own drinks** for lunch: we provide the hot dogs.
- **Your own meat** to the BBQ, and your own veggies, salads and drinks.
- **Costumes!!**

Sunday: Hotdogs, Games Day and Mexican Fiesta

0900: Coffee with treats at the dock

1200: Hot Dog BBQ on the lawn, hot dogs and fixings will be provided.

1330: Games:

- Rope toss - Martin Pengelly
- Paper Airplane toss - need volunteer
- Pantyhose Race - Chris Stangroom
- Bean Bag toss - need volunteer

1800: Mexican Fiesta: Come to the pavilion in your Mexican costumes and bring your dinner fixings to BBQ. Bring your own dishes, glasses, drinks etc.

Prizes will be awarded after dinner.

And for afters: Music for dancing. "Ole!"



Klaus Reiniger,
Fleet Captain
S/V Moondance

GULF SAILOR

New Constitution and By-Laws

A new BC Societies Act came into effect on November 2016. We have to modify our existing constitution and by-laws to be in compliance. This is what we suggest:

The Executive will be presenting the new Constitution and By-Laws to vote as a Special Resolution at the General Meeting on June 11, 2018. This document explains the background, the suggested modifications and the process. The attached document (separate from the newsletter) lays out the new and old constitution/by-laws in a line-by-line comparison. See below for a sample page.

Why do we need to change constitution and by-laws?

A new BC Societies Act came into effect on November 28, 2016. All societies are required to modify their existing constitution and by-laws to comply with the new act and register it by November 28, 2018.

What are the required changes?

Besides the requirement for electronic filing, the new constitution can only have statements about the name, purpose and type of society. All other provisions like location and composition of the club have to be moved to the by-laws.

Name and purpose of the club remain unchanged.

The type of society will be a "member-funded society": A member-funded society is a society that is funded primarily by its members to carry on activities for the benefit of its members. Member-funded societies are allowed to distribute assets to their members if the society winds up. As well, the Societies Act makes them subject to fewer accountability measures than other societies. For example, they need only have one director and are not required to make their financial information publicly available.

Other changes

In addition to these required changes, we've made minor changes to the language of the by-laws, made a few clarifying additions and added the position of Honorary Signals Officer. Please find the details in the attached comparison document. The changes are highlighted in **red**.

Please note that the composition of the club ("yacht owners", "piloting a cruising sailing yacht across the Strait of Georgia" as entry condition) is now section 28 of the by-laws. Unalterable bylaws are not allowed under the new act and therefore this provision has now become alterable. A change would require a $\frac{3}{4}$ majority vote passed by a special resolution.

Process

1. Vote on a special resolution to adopt the new constitution and by-laws. This includes the vote on the wish to be a member-funded society as well as the small changes as suggested.
2. Electronic filing of the new constitution and by-laws with BC Corporate Registry before November 28, 2018.



Andreas Truckenbrodt,
Past Commodore,
S/V Beautiful Day

This is a reduced version of the first page of the 23 page document attached with this newsletter. All changes are highlighted in red as you can see here.

Just double click the pdf in your email named:

GYC Constitution and Bylaws comparison 10-5_18.pdf

and use your magnifying glass to zoom up if you want larger type.

GULF YACHT CLUB	
2018 version (New Societies Act)	2013 version
THE CONSTITUTION AND BY-LAWS OF THE GULF YACHT CLUB	THE CONSTITUTION AND BY-LAWS OF THE GULF YACHT CLUB
SOCIETIES ACT OF BRITISH COLUMBIA (BC 2015) CHAPTER 18	SOCIETIES ACT REVISED STATUTES OF BRITISH COLUMBIA 1960
CONSTITUTION	CONSTITUTION
1. The name of the society is GULF YACHT CLUB. Wherever the expression "Club" occurs in these By-Laws, it means Gulf Yacht Club.	1. The name of the society is GULF YACHT CLUB. Wherever the expression "Club" occurs in these By-Laws it means Gulf Yacht Club.
2. Purposes of the Club The Purposes of the Club are: a) The development and encouragement of cruising under sail b) The promotion of fellowship and good seamanship c) The cultivation of an appreciation of the cruising advantages of the waters of British Columbia.	2. Objects of the Club The Objects of the Club are: a) The development and encouragement of cruising under sail b) The promotion of fellowship and good seamanship c) The cultivation of an appreciation of the cruising advantages of the waters of British Columbia.
3. Member-funded society The Club is a member-funded society. It is funded primarily	(Note: The new section describing the type of society is a requirement of the Societies Act)
1	

GULF SAILOR

GYC Sailpast 2018

The day of Sailpast was a dreary Saturday morning, but like always, GYCers put a smile on and turned up in good numbers – 21 boats cheerfully saluted our Commodore.



We had hoped that the forecast would be wrong but somehow the weatherman always gets it right when it comes down to whether or not it is going to rain (no disappointment there).

It was, however, met with a positive attitude from our cheerful group of GYCers and the turnout for Sailpast was as usual, a spectacular sight to see.

We sailed past **Commodore Dixon** who had his family on board with him, and the youngest guest ever, his two and a half month old grandson, Elliott. Hopefully he will one day become a sailor and a member of our illustrious club.



Cathie West
S/V 2nd Chapter

Boats attending:
Koinonia, Hypatia, Christie Cove, Sea Vixon, Naida, Kewao, SawLeeAh, Sparkle Plenty, Toolik, An Affair, Reality, Forever Young, Boqueron, Willpower, Contender, Moondance, 2nd Chapter, Kwinnum, Windstrel, Beautiful Day, Tantramar.



The trip back to Bowen Island was basically a motor sail with most of us taking our jibs down after passing by the Commodore. As usual, Union Steamship did a great job of getting us into the marina without incident.

Happy Hour began precisely at 4:00 followed by a wonderful dinner at 6:00. There was such a great variety of food presented and the ham was scrumptious. Thank you **Commodore John** for bringing it along with the buns (and the refreshments).



Commodore John carving the ham; Commodore's daughter Laura and grandson, Elliott, uncharacteristically a bit tetchy; Boqueron's crew; Jim, Elizabeth and Anne toasting; Nancy cheerful as always.

The evening was pretty informal and it was nice to catch up with everyone and hear about their plans for the spring and the summer. Clean up was, as usual, with lots of people taking turns, washing up and getting things back into a reasonable order. Most of us started drifting back to our respective boats around 10:00pm for a well deserved sleep.

Sunday morning also arrived with low clouds and plenty of rain. Klaus and Liz had a great selection of sweets waiting for us to enjoy in the summerhouse at 9:00am. People started drifting back towards their boats and their home ports around 11:00 ending another great Sailpast weekend. Thanks to **Klaus and Liz** for organizing this event and all of the clean up volunteers who helped make this another great weekend. Also special thanks to **Don McLeod** who always gets us started with the big boom cannon!

GULF SAILOR

\$6 million Development Plans for Newcastle Island



Andreas Truckenbrodt,
S/V Beautiful Day



Ken Buckley
S/V Naida

Both Andreas and Ken posted this on FB for our information. I think it is too important to be missed so am reprinting one version of the story here. Let me know what you think about these ideas.

SFN chief Michael Wyse said SFN elders long expressed a desire to have a stronger Indigenous presence on Newcastle Island. Reprinted from article written by Ian Holmes/*NanaimoNewsNOW*, April 14, 2018

NANAIMO — Several new culturally inspired amenities on Newcastle Island highlight Snuneymuxw First Nation plans to develop the former site of their sacred village.

Erralyn Thomas, president of SFN's development arm Petroglyph Development Group, outlined the plans, which were "decades in the making," during an invite-only unveiling event on Newcastle Island Friday.

The vision includes a restaurant, longhouse, welcome centre, amphitheater and 18 additional campsites. Thomas said Indigenous history is lacking in the mid-island area, which this plan addresses by sharing the Snuneymuxw way of life.

"Such as canoeing, such as the interpretive walking tours where you can learn about different plants and trees and how the land was used in our way of life."

Thomas, who's also an SFN councillor, said the plan cements a longstanding vision by SFN to create a stronger presence on the island, while respecting the natural beauty it offers.

"There are a few structures that we're contemplating, but there's a large amount of green space that will still remain the same," Thomas told *NanaimoNewsNOW*. "Our vision contemplates what Saisutshun (Newcastle) is offering now."

Thomas said they are working with government and private sector partners on funding to make their vision for Newcastle a reality, but don't have a development timeline.

SFN chief Michael Wyse told *NanaimoNewsNOW* elders have long called for a heightened Indigenous presence on Newcastle Island.

"We want to tell people who the Snuneymuxw people are, our history, why we found this part of the island so significant to our people," Wyse said.

Under a 2017 memorandum of understanding between the City of Nanaimo and SFN, the First Nation received \$250,000 in financial assistance from the City for several initiatives related to Newcastle. Half of the money was to be used as a subsidy for the SFN-operated ferry service, while the other half was earmarked for an access study, concept design and business plan.

Thomas said lower fares and more frequent service saw 30,000 people ride the ferry in 2017. She confirmed SFN is in talks with the City to subsidize the ferry service again this year.



SFN's Erralyn Thomas explains the potential in sharing Snuneymuxw's culture during a Newcastle Island business case unveiling.

© Ian Holmes/*NanaimoNewsNOW*

A previous business plan for the island completed in 2016 between SFN, the City of Nanaimo and BC Parks was not acted upon.

The 900-acre marine provincial park has an expansive 22-kilometre trail network and few amenities beyond a pavilion hall, docking facilities and 18 campsites. The park is managed under a tripartite agreement between BC Parks, SFN and the City.

— with files from Dominic Abassi

GULF SAILOR

Report from our Council of BC Yacht Clubs Rep

Navionics Chart Viewer

Andreas and I were told about this webpage for Navionics at a B.C. Marine Parks Forever Society meeting: <https://webapp.navionics.com/#boating@6&key=sv%60kHrivsV>

Not sure exactly how it works, but if anyone has used it or uses it for a certain feature like route planning, please let the rest of us know. You do need an internet connection to use it.

BC Marine Parks Forever add to Harmony Islands

The largest outlay of funds in the 28 year history of B.C. Marine Parks Forever happened on March 31st. \$750K to purchase a whole island to add to Harmony Islands Marine Provincial Park. There are conditions attached to this purchase that it be included to the rest of the park within a certain time limit.

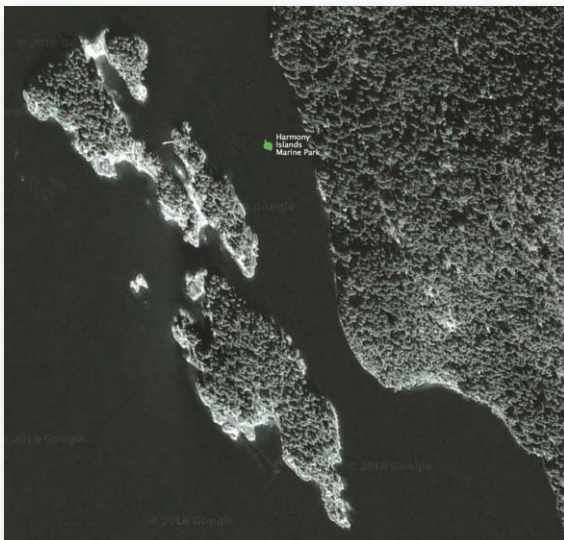


Stewart Murray
S/V Arbutus Cove

New Stern tie pins in Desolation

Approximately 100 new stern tie pins have been marked off by B.C. Parks staff in Desolation Sound and work is to begin sometime in May this year starting in the Copelands and then working their way North from there. If the contractor comes across a questionable existing pin, they'll replace it. If anyone has a location in mind in any B.C. Park to put even just a couple of stern tie pins, please let either Andreas or myself know so we can get staff out to the site to mark it for the contractor doing the installation. The clearer the location the better. Marked on a chart with a brief description of the location, even a photo!

GYC Recommended Anchorages

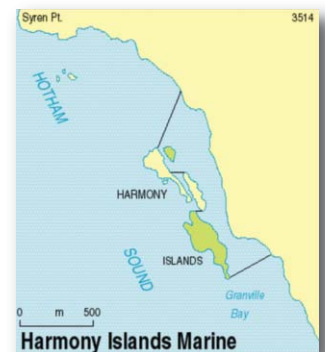


Put this on your list for a visit – it's just a hop, skip and a jump away. Here's how to get there and what you'll find when you do. Definitely worth a visit.

Reprinted from *AHOY British Columbia: Boating Canadas' Western Seas*

Harmony Islands — Chart 3514 | 49.51.3 N 124.00.8 W

This is one of the most attractive settings on our coast. The Islands are about 3 NM up Hotham Sound, which is west of the entrance to Jarvis Inlet. Harmony Islands Marine Park consists of the four southernmost islands, the smaller northernmost island, and most of the inside foreshore. As you approach, towering Friel Falls (427 metres) welcomes you on the E shore. The most sheltered and coveted anchorage is in the tiny basin (known locally as Kipling Cove) surrounded by the three northern islands. The cove offers dramatic vistas, warm-water swimming, good snorkeling and safe anchorage. There is much to explore by kayak. However, use caution when entering: there is a rock in the middle of the entrance, which at low tide is under about one metre of water. The bottom is rocky and space is limited in the basin, so most boaters elect to tie a stern line to the metal rings set into the rock. The channel leading to the cove has room for boats to swing, but stern-tie opportunities abound in depths of 5-12 metres with good holding in most locations.

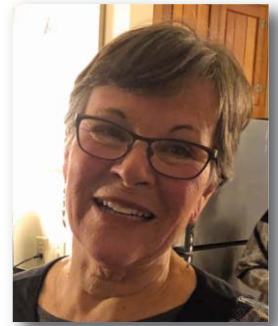


GULF SAILOR

Beyond Sailing – The Things We Do...

What do YOU do when you're not sailing? Lorraine, a relatively 'new' member, realized she knew very little about her fellow sailor friends and wanted to rectify that.

Here's another in a series of articles started by Lorraine. Each month she will be chasing down someone's back story – finding out things that may surprise you, or peak your curiosity. Perhaps something that might lead you deeper into a new friendship. Hoping to enhance the ties we make in sailing and socializing Lorraine is pleased to present another in the series. Introducing ...



Lorraine de la
Morandière,
S/V Hypatia

Sumi Ross

I grew up in Tokyo, Japan and am half Japanese. It is a big part of who I am, and to this day I enjoy contraband Japanese TV (I only wish I could watch my programs legally!)



Needless to say I also enjoy travelling. Whether on the well beaten path of the major cities or the quieter nooks and crannies of little islands or distant cultures, I love it all. I find it very humbling and mind expanding at the same time.

I seem to be a trivia queen, which implies that my knowledge is broad and shallow. That is quite true, I admit.

I am no gourmet cook but I enjoy puttering in the kitchen. I have quite the collection of cookbooks! Food is very important (so is wine!). Although I am a Registered Holistic Nutritionist, I have never practised. Maybe one day...

Given a chance I could spend ages wandering art galleries, and if in New York or London you'll have a good idea where I'll be. Ballet, opera, symphonies make my heart sing.

So does sailing (our Catalina 445, *Simply Dreaming*), but in a very different way!

I have sailed the Caribbean (2005, the year of super hurricanes and Katrina!) and have bareboat chartered in the BVI's and the Bahamas.



Jib Set Anyone?

The cleaning out of our house continues and look what I found today. I'm wondering how many old GYC guys have one as well. Maybe the GS could find out.



John Laing
S/V Spiritus II



Harmony Islands Trivia

Stewart's report (p.7) about the marine park expansion of the Harmony Islands got me curious about them. After learning about **Sumi** above, I think it's the kind of thing she might like.

The Harmony Islands were named by Dr. Campbell Balmer, a Vancouver dentist who, with two friends, purchased the four islands in 1932 for \$248. Every summer Balmer, his family and friends would cruise their boats to the islands. Their nearest neighbour was a hermit who lived three miles away in St. Vincent Bay, for whom they would bring fresh bread and pipe tobacco whenever they visited. During the Second World War, when fuel was rationed, Balmer and his friends sold the islands. Portions of the island group became a provincial marine park in 1992.



Reprinted from Canadian Yachting On-line Edition

GULF SAILOR

Reading at Anchor: Going to the Dogs



What I like to do 'when we get there', when there are no urgent jobs to do right away, or appies to prepare, is tuck into my latest book.

We have a lot of dogs in the club (you may have noticed!) so I thought there might be interest in books where they are a central character – apart from the boats and the water, of course. I really enjoyed this one and laughed out loud as well. He has written two others but I can't vouch for them. (Ed.)

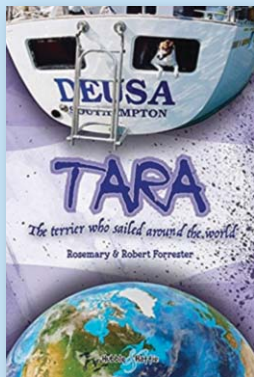
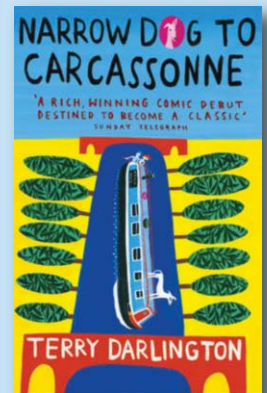
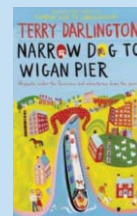
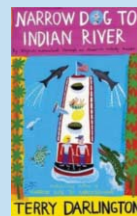
Terry Darlington, *Narrow Dog To Carcassonne*

We could bore ourselves to death, drink ourselves to death, or have a bit of an adventure...

When they retired, and against the advice of many, Terry and Monica Darlington decided to sail their canal

narrowboat across the English Channel and down to the Mediterranean. Accompanying them on the voyage was their pet whippet Jim – the narrow dog of the title.

They survive to tell the tale and go on two further adventures: *Narrow Dog to Indian River*, where they navigate the US Intracoastal Waterway from Norfolk, Virginia to the Gulf of Mexico and finally *Narrow Dog to Wigan*, about the loss of the *Phyllis May* in a fire, and two summers spent exploring the northern canals of England in the boat's replacement, *Phyllis May II*.



Rosemary and Robert Forrester, *Tara: The terrier who sailed around the world*

Robert and Rosemary Forrester were already cruising on their Oyster 435 ketch, *Deusa*, when they got a new crew mate – a Jack Russell terrier. The six-week old puppy was a surprise for Rosemary from her husband, who had flown to Miami from Colombia to pick up engine parts.

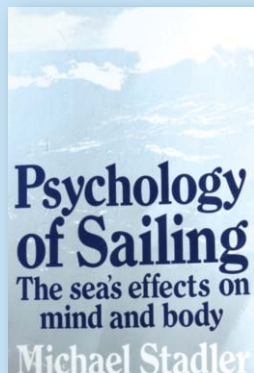
Christened Tara, this four legged "sailor" soon dominated life on board. "We could never pretend there wasn't a dog on board".

The early part of the book details how Tara adapted to life on board. It wasn't without its trials – but the terrier soon got her sea legs, despite a handful of "dog overboard" incidents!

Their journey took them through the Panama Canal and into the Pacific Ocean, with stops in many of the islands along the way, including French Polynesia, Fiji and the Solomon Islands.



Lorraine de la Morandière sent in this suggestion (her second everyone) which does not include a dog but sounds like a book that we will all find fascinating. The author has written another one for competitive types, "an inspirational practical guide to mind training for racing sailors," but since we GYCers don't race...just thought you might like to know anyhow.



Michael Stadler, *Psychology of Sailing: The sea's effects on mind and body*

Have you ever wondered...

- what drives us to sea?
- why so much work in such a leisure activity as sailing?
- how we evaluate size and distance when sailing through fog?
- why we are subject to optical illusions in poor visibility?
- how we differentiate between sufficient boat space and optical illusion?
- what causes seasickness, what can we do about it, will we ever get our sea legs?
- how (over a glass of wine) that setting sun appears so much larger than during the day?

No – it's not the wine. In this great little book, Michael Stadler explains the science behind these and other phenomena we experience out on the water. *Psychology of Sailing* is full of insightful information that, with understanding, helps prevent dangerous situations at sea.

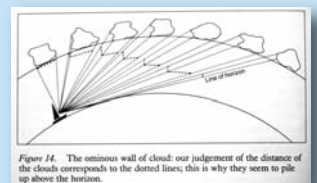


Figure 14. The ominous wall of cloud: our judgement of the distance of the clouds corresponds to the dotted lines; this is why they seem to pile up above the horizon.